

## CURRICULUM VITAE

**MARCIA WITROGEN-SINGER** MSW, CHt, SAG-AFTRA  
Director, LOVE ARTS Foundation [lovearts@att.net](mailto:lovearts@att.net) [www.lovearts.info](http://www.lovearts.info) 818-331-3153 msg

### EDUCATION

Master's in Social Welfare (M.S.W., Clinical Social Work), U.C. Berkeley  
B.A. in Sociology-Anthropology, Wichita State U. (Magna Cum Laude)  
Board Certification in Hypnotherapy (ABH#1743)  
Bodywork –Native intuitive "gift" honed over twenty years (1984-present)  
Vocal and Acting training, San Francisco, Oakland, Los Angeles (1979-2000)

### PROFESSIONAL MEMBERSHIPS

American Board of Hypnotherapy (1990-present)  
AFT –American Federation of Teachers (since 2000)  
IONS (Institute of Noetic Sciences) Community Group Leader (2004)  
SAG-AFTRA actors' guilds (1983-present)  
Adjunct faculty member, LACCD, L.A. Pierce College (Fall 2001-Spring 2004)  
I.A.M.I. –International Association of Medical Intuitives (2007)  
U.L.C./The Monastery –Minister, Spiritual Counselor

### EMPLOYMENT RELATED TO AGING/HEALING ARTS

Santa Rosa Jr. College, Senior Ed. Division, adjunct faculty member (Spr 2009-present)  
  
Cinnabar Theater, Santa Rosa, Second Childhood Improvisational Theater class (Spring 2009)  
  
U.C.S.B -OLLI Life Long Learning/Extension --(Fall 2207-Spr 2008 --to date)  
Two semesters, three courses: Metaphysics, Dreams, Creativity Boosting  
  
LACCD –Los Angeles Pierce College –Encore/Oasis Older Adult Program (2000- present)  
Six semesters of "Creative Living," four semesters of "Improvisation"  
Lectures on Creativity, DreamWork, Love Life  
  
Senior Living Communities, Assisted Living Facilities, Alzheimer, Residential Care (since 2001)  
Interactive Play, Sing-A-Longs, Storytelling, Performances, Holiday events, Stress Reduction,  
Classes in Creativity, “Silver Linings,” “Remember When” (reminiscence, memory), Dreams  
  
Skilled Nursing Facilities (since 2003)  
In-Room Subacute visits, Musical Healing Arts ; Activity Room group singalongs  
“Creative Living” and “Remember When” classes, “Shabbat Shalom” events  
  
Private Practice: Hypnotherapy, Healing Arts, Life Coaching (F.T. 1986-1998, P.T.1999- present)  
  
Drama Therapy at Hamburger Home for Abused Teen Girls –(monthly during 1984)  
  
Head Start and Aid to Families with Dependent Children (AFDC/ Welfare), Wichita KS (1967-8)

### PRESENTATIONS

NorCal Council of Act.ivity Coords (NCCAC) symposium, “Lighten Up” minishop, (May 2013)

Institute of Noetic Sciences (IONS -SRs), guest presenter, “Body Psychometry,” (Sept. 2012)  
SRJC/Sr. Ed. Division, Professional Development Day Nov. 2009, demo for “Social Interaction”

Orange County Council on Aging/AARP conference, "The Art of Self Care" workshop with co-presenter/.author  
Beth Witrogen McLeod, author /national caregiver-aging expert (June 2005)

Wellness Community, Westlake Village –"PlayWorks" (July 2006)

13<sup>th</sup> Cronos Counsel conference, "Wise Woman Theater," "Tantric Crone" workshops, San Diego (Oct. 2005)

Internat'l Federation of Hypnotherapists, "A Body-Centered Approach" (July 2005)

OASIS programs for Older Adults, W. Los Angeles, "Pleasures of Aging" (April 2005)

Learning Annex, Los Angeles & San Diego –"The Tao of Play" Course

Procter & Gamble, L.A.W.N., L.A. –How to "Lighten Up," reduce stress, find humor

American Board of Hypnotherapy –Originator of "body-centered" approach; Workshop on Creativity,  
Lectures on a variety of subjects : "Altar"ed States (body-centered approach), Touch Awareness, Play,  
Sexual Issues and Sexual Energy Anatomy

L.A. Pierce College Professor's Lecture Series—"What Do Dreams Mean?"

Wellness Community, Santa Monica CA –a "Touch Awareness Training" for patients, staff with colleague,  
Bryce Britton, M.S.

P.A.L.M. (Recovery field professionals)--"Inner Child and Recovering Play" workshop

National Guild of Hypnotists, "Reclaiming the Playful Inner Child"

Bodhi Tree Bookstore—Panel Guest on "Creating Wellness as a Creative Healer"

Barnes & Nobel, Del Mar CA –a Singles Salon

Whole Life Expo(s) – Touch Awareness lecture, MusiComedy performance, intuitive readings, Bodywork demos

Santa Monica College Extension—Overcoming Shyness, Art As Meditation classes

MiraCosta College, Oceanside CA—Comedy Improvisation (4 workshops)

Inst'e of Humanistic Studies, Solana Beach CA—Voice Dialogue, Sacred Artist's Way workshops

Palomar College, San Marcos CA—StressBusting class

L.A. Health & Life Expo –Touch Awareness Training

Rotary Club of Pacific Palisades –"Lighten Up," Guest Speaker

San Diego Sky Festival—"Healing via Vibrational Sound/Toning" Workshop

L.A. Free Clinic Annual Fundraiser—Intuitive Readings (2002)

"Tamara" (L.A.'s longest running theater production), Intuitive Reader, 4 New Year's Eve feasts

## RECENT MEDIA APPEARANCES

“WomanSpace”, KOWS Radio, “The Psychic Crone,” April 2016

“Wise Woman Story Hour,” KOWS Radio, “From Oy to Joy,” Dec 2015

“Nurse Talk” KNEW Radio, “Healing Power of Play,” guest spot, (April 2013)

"Good For Life" (KPFK, Los Angeles) –Featured Guest/ Aging, w/ on-the-spot intuitive readings

"Hearts Cracked Open" (2004 docu on Women's sexuality) , Featured Expert; "Time Out," W. Hollywd Cable TV (Nov 2004), on Panel at Los Angeles Debut, Village in Hollywd (Nov 2004)

Adelphia Cable –produced and directed four 1-hour programs on Improvisation (including one with seniors. two with professional actors)

"The Kyra Dawn Show" –Featured Guest (with Dr. Jean Shinoda Bolen) on "Menopause" program, Women's Radio in St. George, UT

"The Shawn & Donna Show," KFMB/CBS affiliate, San Diego –Featured Psychic Expert for San Diego Psychics organization

Two Pilot projects for SciFi Channel—Featured/Psychics show, Dream Interpretation show

"NightTalk"—Oceanside CA public radio, "Teen Suicides," "Teen Pregnancy," "Intimacy"

## PUBLICATIONS

“WordPlay” monthly column in *The Upbeat Times*, Santa Rosa, CA, July 2012-present

“Humor (in healthcare),” feature, *SoCal Home Care* news, Vol 11, Issue 3, Aug. 2005

“Singing Over the Bones,” feature, *Whole Life Times*, L.A., Aug. 2005

"Sexual and Sensual Wholeness," "Past Life Therapy" (123Relax.com)

"Beauty from the Insight Out," "Angels in Disguise," “Coming To Our Senses in Romance,” Prayer For Peace poem, "Soulmates" -interviewed Kenny & Julia Loggins, Judith Sherven & Jim Sneichowski, "Counting Our Blessings," (*Awareness* magazine)

"The Play of Recovery," "The Psychology of Addiction" (*Steps To Recovery* magazine)

123Relax.com—website articles: "Sensual & Sexual Wholeness,:" "Past Life Regression Therapy," "Keys to Taking A Stress Recess—Permanently"

## ADDITIONAL CREDITS

Principle Editor for “Healing & Reconciliation” booklet for Dr. Marshall B. Rosenberg /PuddleDancer Publishing (Center for Nonviolent Communication) 2003

Published three expert-endorsed children's activity playbooks (**P.L.A.Y.House**, 1989, 90, 91 –still in print) on healing arts; the environment [world’s first],vegetarianism/plant-based diet [first]

Publisher of the monthly *Song Placement Guide* national newsletter, (1980-96)

Staff Editor for L.A.'s first comedy magazine, (*Laff Track Magazine*) (1983-4)

Conducted Author Interviews for Tarcher Books/L.A. and The Ford Group/La Jolla (1991-98)Live stage performances inter/nationally as a singer-guitarist (1985-present)